

Buttsbury Infant School



Together we grow

Aspiration, Respect, Resilience, Kindness

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E12 PSHE/RSE Policy

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Signed	Ann Robinson (Executive Headteacher)

Purpose of Study

Personal, Social and Health Education (PSHE) enables children to become healthy, independent and responsible members of society. Pupils are actively encouraged to play a positive role in contributing to the life of the school and the wider community. In doing so we help to develop pupils' sense of self-worth and we teach them how society is organised and governed. We teach them about their rights and responsibilities and enable them to learn to appreciate what it means to be a positive member of a diverse multicultural society.

Curriculum Intent

At Buttsbury Infant School the intent of our PSHE curriculum is to recognise that we as individuals each have different identities and that it is important to share and celebrate the differences between us. We aim to support children to recognise their dreams, set achievable goals and develop strategies to overcome obstacles. The children will begin to understand the factors which influence a healthy lifestyle and how these will impact their lives. Children will recognise what constitutes a healthy relationship and the different forms this will take; from different types of families to how to establish safe boundaries. Children will understand that there will be moments of transition and begin to learn strategies to manage any difficult emotions that may arise as a result.

Curriculum Implementation

We have a broad and balanced PSHE curriculum at Buttsbury Infant School where children are given rich, vibrant and meaningful opportunities within a curriculum that is ambitious for all learners.

Units of learning are blocked, well sequenced and build on previous learning. Lessons ensure that progress is achieved through small steps, allowing children to develop their subject knowledge, consolidate skills and apply their learning. Strands in PSHE include: Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships and Changing Me.

At Buttsbury Infant school, PSHE lessons may include:

- 'Calm Me' – time to reflect and prepare for learning
- Group Discussions and 'Talk Partners'- opportunities to share ideas and respectfully listen to the responses of peers
- Drama and Role Play- activities to safely explore how the children may react in different scenarios and develop appropriate responses to difficult situations
- Personal Reflection- the opportunity to reflect on their own experiences
- Independent activities- activities to complete independently to apply what children have been learning as a whole class

Curriculum Impact

As a result of our PSHE curriculum, children are equipped with the necessary knowledge and skills for the next stage of their education at junior school.

Children are resilient, well-rounded individuals who are able to solve problems and overcome challenges they may face in their daily lives e.g. body changes and transitions. Children are emotionally secure and intelligent and they are equipped with tools to help them make safe and sensible decisions. As a result, the community of learners at Buttsbury Infant School are respectful, kind and self-sufficient, creating a positive environment for all to thrive.

Early Years Foundation Stage (EYFS)

Children's personal, social and emotional development (PSED) is crucial for children to lead healthy and happy lives and is fundamental to their cognitive development. Underpinning their personal development are the important attachments that shape their social world. Strong, warm and supportive relationships with adults enable children to learn how to understand their own feelings and those of others. Children should be supported to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary. Through adult modelling and guidance, they will learn how to look after their bodies, including healthy eating, and manage personal needs independently. Through supported interaction with other children, they learn how to make good friendships, co-operate and resolve conflicts peaceably. These attributes will provide a secure platform from which children can achieve at school and in later life.

PSHE/ RSE in relation to the National Curriculum

The curriculum is organised to ensure that children's experience of PSHE/ RSE is developed through activities that bring together requirements from the Key Stage 1 programme of study.

PSHE is a non-statutory subject, allowing teachers the flexibility to deliver high-quality PSHE that is best placed to meet the needs of their pupils. Our PHSE curriculum builds upon on the statutory content already outlined in the national curriculum and in the statutory guidance on drug education, financial education, sex and relationship education (SRE) and the importance of physical activity and diet for a healthy lifestyle.

Planning of PHSE/RSE

PSHE/ RSE planning is based on the Jigsaw Scheme of Work which is fully compliant with the DfE Statutory Relationships and Health Education Guidance and the non-statutory PSHE guidance outlined by the PSHE Association.

Relationships with other subjects

Children are given opportunities, where appropriate, to make connections with the PSHE strands that have been covered (Being Me in my World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships and Changing me). Wherever possible, links are made to other subject areas.

Links with literacy:

Examples of PSHE/ RSE activities and tasks which support the development of *Literacy*:

- Communication and Language- Children have the opportunity to articulate their thoughts, feelings and ideas. Their vocabulary is extended to ensure children understand the topics and how to use new vocabulary correctly
- Writing skills – Children have opportunities throughout the year to record through drawings and writing to engage with the content being taught and discussed in their PSHE lessons

Links with maths:

Examples of PSHE/ RSE activities and tasks which support the development of *Maths*:

- Time- Children explore the concept of time by having a clear structure for each part of the PSHE lesson. For example, first Calm Me Time, next Open My Mind. During the calming time, children also get the chance to notice the passing of time through the chime sound and counting of their breath.
- Counting- Children are taught breathing strategies using counting as a support.

Inclusion:

- There will be opportunities in PSHE for all children to both practise skills and extend their thinking
- The programme of study for EYFS and KS1 will be taught in ways appropriate to children's abilities
- There will be equal access to materials
- Participation in a wide variety of PSHE activities will be encouraged
- Visuals and materials are consistent throughout the school

Assessment and Recording

Recording children's PSHE achievements and progress can be accomplished in a variety of ways:

- Sound recordings on microphones or iPads
- Visual recordings - photographs, art work or iPads
- Sound and visual – videos or iPads
- and the written language

Children's progress is measured against descriptions in the Early Learning Goals and the National Curriculum.

Role of the PSHE Subject Leader

The PSHE subject leader will:

- Provide assistance to all staff when requested, in order to implement the PSHE policy consistently throughout the school
- Organise resources to support the school PSHE policy and teachings
- Co-ordinate purchasing, organisation and distribution of resources
- Arrange in-service support
- Liaise with outside agencies, other schools and colleagues

- Monitor policy and teaching and learning in PSHE