



Mastery in Physical Education at Buttsbury Junior School

Effective mastery in PE encourages all pupils, regardless of their ability, to apply a broad range of skills, across a wide range of different sports. Those who achieve mastery in PE are also able to articulate and demonstrate the importance and impact of exercise on creating and maintaining a healthy lifestyle.

Pupils who show mastery in PE are able to self-differentiate their learning by utilising a variety of materials and resources to enable them to access their learning.

Children who are working at mastery level in PE will take on the role of an expert to help support those that do not have a broad knowledge of the sport; help to develop skills through modelling techniques and share their understanding.

When children are demonstrating mastery they should be able to apply and transfer the individual skills they have learnt between sports.

Pupils will evaluate performance and skill development through peer and self-assessment, giving both positive and critiquing statements, orally and written.